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Postgrad Pundit | March 2026 Advice | Blog

Welcome to the March 2026 issue of the Postgrad Pundit!

Enjoying your student life is an important part of your postgraduate education and overall student experience. In this issue of the Postgrad Pundit, we are shining a spotlight on the importance of participating in extra-curricular activities and joining student societies – key factors in your postgraduate success and even future career achievements.

Read on to find out why...

Best Wishes,

Charlotte

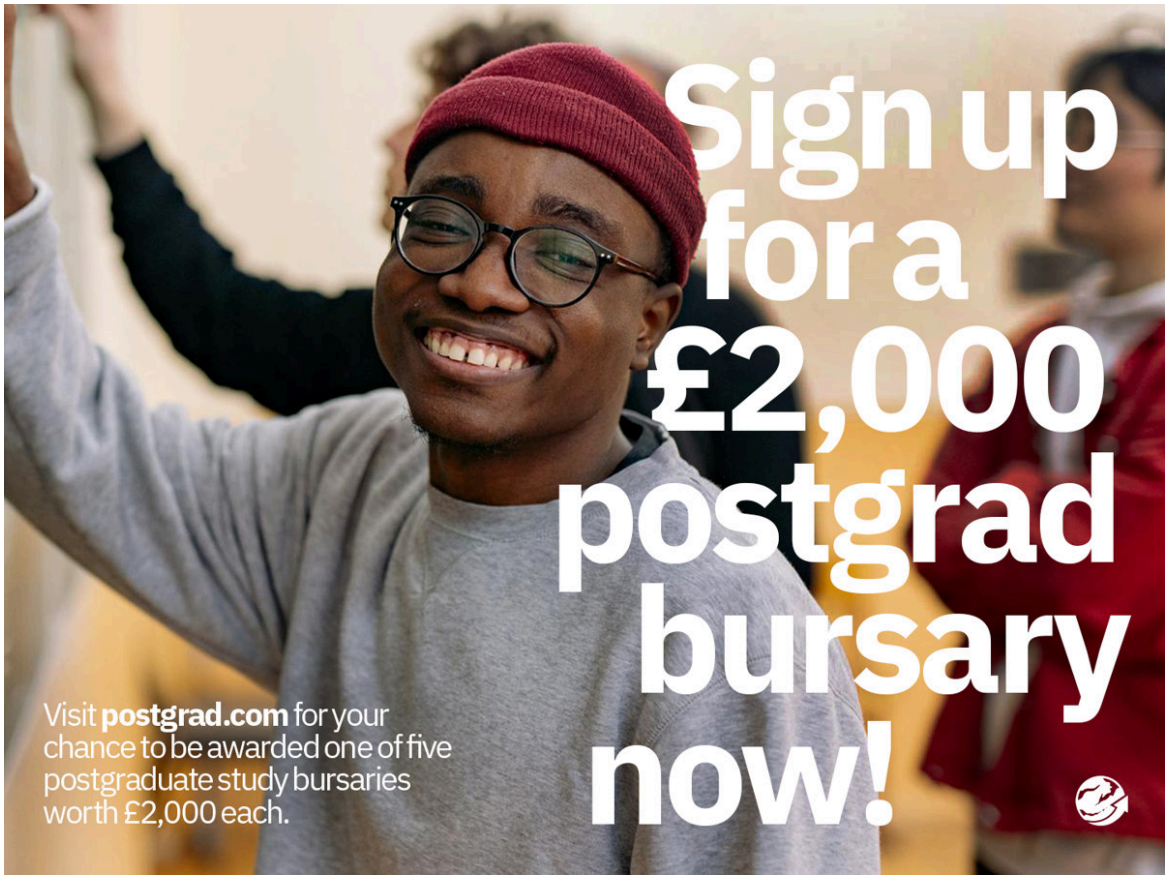
Charlotte King
Managing Editor

Why is it important to join in with extra-curricular activities as a postgrad student?

Extra-curricular activities outside of your postgrad studies offer more than simply providing a fun distraction, they can also help enhance your career prospects, boost your academic success and professional profile, and improve your mental health and overall wellbeing.

Read more >

Postgrad Solutions Study Bursaries 2026/27



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Life outside the classroom at UCL

At University College London, student life goes far beyond lectures. From internships and work placements to conferences and consulting challenges, watch the video to hear how these experiences build confidence and open doors to opportunities.

Register your interest in UCL >

Life at the University of Westminster, London ✨

Become part of our welcoming community with clubs, societies and well-equipped sports facilities. Free to join, they are the ideal place to make friends and learn new skills. Join social and networking events and explore the best of city life.

Learn more >

Leave Cranfield with more than just an MSc

Cranfield University offers dedicated teams to support your studies, career development and wellbeing. With a rural campus, diverse community, and vibrant clubs, events and trips, you'll find everything you need to make the most of your student experience.

Join Heriot-Watt's global community in Edinburgh

Live in the UK's top 2 student city (QS Best Student Cities, 2025) and start your adventure studying at Heriot-Watt. Experience comedy, music and more in the world's leading festival city, climb your first Munro in the Scottish mountains or explore golden beaches like Portobello.

Life beyond lectures at GIS

Cardiff: a city like no other

Student life at GIS goes far beyond lectures. From live industry events and global summits to networking opportunities and hands-on experiences, students immerse themselves in the sports industry while they study. It's about building connections, gaining real-world insight, and shaping careers beyond academic learning.

Cardiff blends the buzz of a capital with the ease of a close community. From iconic landmarks and parks to festivals, music and sport, the city invites you to discover its character, meet new people and enjoy a lively, inclusive environment that celebrates different perspectives.

Ask the Expert

Dhruv Gandhi is a Data Analyst and a graduate in Business Finance and Economics at the University of East Anglia.

Question:

What extra-curricular activities can postgraduate students consider?

Answer:

There's more to postgraduate study than just your course. Here are five extra-curricular activities that I've found particularly enjoyable during my time at UEA, including exploring the scenic campus, enjoying gigs and comedy nights and discovering everything in the lively city of Norwich.

Expert Advice

Featured Events & Webinars

UNIVERSITY OF BIRMINGHAM

Birmingham Law School

Master of Laws

Postgrad Webinar

17 March 2026

11am-12pm GMT

Find out how to enhance your career with an LLM from Birmingham Law School. This online event, exploring the Master of Laws at the University of Birmingham, will outline what students can expect from studying at Birmingham Law School. Plus, hear directly from a current international LLM student and attend a live Q&A.

Register Now

University of Southampton

University of Southampton

MSc in Clinical Exercise Physiology

Postgrad Webinar

18 March 2026

12pm–1pm GMT

Discover how becoming an expert in exercise can prevent, treat and manage long-term health conditions with the MSc in Clinical Exercise Physiology. Designed and delivered by experts working at the forefront of clinical exercise research and practice, this course provides insight and practical experience.

Register Now

LATEST NEWS

THE UNIVERSITY OF BUCKINGHAM

LONDON SCHOOL of HYGIENE &TROPICAL MEDICINE

AI & cyber-attacks event

The University of Buckingham's School of Computing recently hosted an event examining the rapidly evolving cyber security landscape and the future of cyber attacks in the era of agentic AI.

Find out more

Discover global health courses

What if more people could access life-changing medicine? What if health inequalities were reduced in your community? What if your studies could spark real-world impact?

Find out more

March 2026 campus events

Swansea University – 11 March
University of Sussex – 14 March
Bournemouth University – 17 March
Swansea University – 18 March
University of Birmingham – 18 March
Liverpool John Moores University – 18 March
University of Stirling – 25 March

Happy Studying,

The Postgrad Team

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